

31<sup>ST</sup> ANNUAL

# OBSTETRICS & GYNECOLOGY CONFERENCE



April 3-4, 2025 | Golden Nugget Biloxi

All attendees must register and pay here:  
[usahealth.mobi/obgynconf25](https://usahealth.mobi/obgynconf25)



## TARGET AUDIENCE

This program will be of particular interest to obstetricians and gynecologists, family medicine physicians, ARNPs, PAs, CNMs, nursing professionals, social workers, and other healthcare team members interested in the healthcare of women and newborns.

## OBJECTIVES

This educational activity was developed in response to needs of healthcare providers in the fields of obstetrics, gynecology, family medicine, nursing, and social work from previous course evaluations, government guidelines, American College of Obstetrics and Gynecology (ACOG), and as identified by the USA Health Department of Obstetrics and Gynecology.

At the conclusion of this activity, the healthcare team will be able to:

1. Incorporate guidelines based on ACOG criteria for practice management into clinical practice to improve obstetrical care.
2. Evaluate information as presented to incorporate recommended best practice into the women's healthcare team.
3. Outline and promote methods to facilitate collaboration within multiple healthcare disciplines and healthcare systems in order to maximize health promotion of patients and families.

## ACCREDITATION

In support of improving patient care, the University of South Alabama Whiddon College of Medicine Office of CME is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE) and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team. Provider Number: 4008198

**JA** - This activity was planned by and for the healthcare team. Learners will receive 12.0 Interprofessional Continuing Education credits for learning and change.

**CME** - The USA College of Medicine designates this live activity for a maximum of 12.0 *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

**ANCC** - This program has been reviewed and is acceptable for up to 12.0 nursing contact hours.

**APA** - Continuing Education 12.0 (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs.

**AAPA** - PAs may claim a maximum of 12.0 Category 1 credits for completing this activity. NCCPA accepts *AMA PRA Category 1 Credit*<sup>TM</sup> from organizations accredited by ACCME or a recognized state medical society.

### Planning Committee

Mary (Mimi) B. Munn, M.D., Tracy Roth, M.D., William Perez, M.D., Casey Armistead, Stephanie Barton, Nichelle Bradley, Krystle Brown, Rachel Clark, James Creg, Amy Hewes, Jennifer Hicks, Ingrid Paul-Nelson, Taylor Pettway, declare they have no relevant financial relationships to disclose.

All those in a position to affect or control content have declared they have nothing to disclose. All relevant financial disclosures have been mitigated.

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USA Health OB/GYN

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### Craig Sherman, M.D.

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Associate Residency Program Director  
USA Health OB/GYN

### Stephen F. Varner, M.D.

Associate Professor  
Dir. of General OB/GYN Division  
Dir. of Vaginitis and Vulvar Disease Clinic  
USA Health OB/GYN

# GUEST SPEAKERS

**Catherine (Beth) Allen, MS, LCGC**

Licensed Certified Genetic Counselor  
USA Health OB/GYN

**Caleb Butts, MD, FACS**

Associate Professor of Surgery  
USA Health

**Shawn Drake PT, PhD**

Department Chair; Professor  
Department of Physical Therapy  
University of South Alabama

**Heather Fishel, MD, FACE**

Endocrinologist  
Assistant Professor of Internal Medicine  
USA Health

**Lyndsey Harper, MD**

Founder/CEO Rosy  
Associate Professor of Ob/Gyn  
Texas A&M University

**Hero4Mom - Postpartum home**

Blood Pressure Monitoring Program  
Samantha Fields, BSN, RN  
Sarah Givens, RN, BSN  
USA Health

**Rachel Hunter, MD**

Breast Surgical Oncologist  
Assistant Professor of Surgery  
USA Health

**Robert Israel, MD, FACP**

Internal Medicine Physician  
USA Health

**Ann Payne-Johnson, MD, MS**

Family Medicine Physician  
Assistant Professor of Family Medicine  
USA Health

# CONFERENCE SCHEDULE

## THURSDAY, APRIL 3, 2025

- 7 - 7:45** Registration/Breakfast/Exhibit Hall
- 7:45 - 8** **Tracy Y. Roth, MD, FACOG**  
Welcome/Opening Remarks
- 8 - 8:45** **Stephen F. Varner, MD**  
Persistent Genital Arousal Disorder
- 8:50 - 9:35** **Shawn Drake, PT, PhD**  
From the Inside Out: A Guide To Pelvic Health Rehabilitation
- 9:40 - 10:25** **Candice P. Holliday, MD, FACOG**  
The Doctor is in ... Court: Lessons from Malpractice Cases
- 10:25 - 10:40** Break/Exhibit Hall
- 10:45 - 11:30** **Constance Dabezies, MD**  
Lets talk menopause ...and menopause hormone therapy
- 11:35-12:20** **Samantha Fields, BSN, RN**  
**Sarah Givens, RN, BSN**  
Hero4Mom: Fields and Goodsell  
Hero4Mom: A Home-Based Approach to Postpartum Hypertension Management
- 12:20-1:20** **Lunch/Exhibit Hall**
- 1:25 - 2** **Lyndsey Harper, MD, FACOG, IF**  
Low Sexual Desire: It's Not That Complicated!
- 2:15 - 3** **Ann Payne-Johnson, MD**  
Medical management of obesity
- 3 - 3:15** Break/Exhibit Hall
- 3:20 - 4:05** **Caleb Butts, MD**  
Post-operative Management of Routine and Complicated Abdominal Surgery
- 4:10 -4:55** **Catherine (Beth) Allen, MS, LCGC**  
Navigating Genetic Screening Options in OB Practice
- 5 - 5:45** **Heather Fishel, MD**  
Managing Diabetes During Pregnancy
- 5:45 - 7** **Networking Mixer**

## FRIDAY, APRIL 4, 2025

- 7 - 7:45** Registration/Breakfast/Exhibit Hall
- 7:45 -8** **Tracy Y. Roth, M.D., FACOG**  
Welcome/Opening Remarks
- 8 - 8:45** **Mary (Mimi) Munn, MD**  
Placenta accreta spectrum
- 8:50 -9:35** **Rachel Hunter, MD**  
Identifying and Managing High Risk Patients
- 9:40 - 10:25** **William M. Perez, MD**  
Paradigm Shifts in Contemporary Labor Management: The Low Hanging Fruit
- 10:25 - 10:40** **Break/Exhibit Hall**
- 10:45 - 11:30** **Melissa M. Goslawski, MD, MS**  
Postpartum OCD : Background, Diagnosis and Treatment
- 11:35 - 12:20** **Jennifer Young Pierce, MD, MPH, FACOG**  
Cervical cancer screening and treatment
- 12:20 - 12:35** **Break/Exhibit Hall**
- 12:40 - 1:25** **Robert Israel, MD**  
What should I eat for health?  
What should I tell my patients to eat for optimal health?
- 1:25 - 1:30** Evaluation and Adjourn

## HOTEL ACCOMMODATIONS

A block of rooms is available at The Golden Nugget for a discounted rate for attendees. Call 1-800-777-7568 and use the group code **S250333**, or scan the QR code (no group code needed if registering online):



The final day to make reservations is March 7, 2025, or until rooms run out, whichever comes first.

## BECOME A SPONSOR OR EXHIBITOR!

The 2025 Obstetrics and Gynecology Conference Exhibit Hall will be the central meeting place for our attendees and speakers. We are looking for vendors who can feature the latest and most relevant products and technologies in the clinical practice of obstetrics and gynecology.

To learn more details about the various levels of sponsor opportunities, e-mail [renee@eventsno.com](mailto:renee@eventsno.com) for a packet.

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## Questions?

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<b>COURSE FEES</b>	<b>BOTH DAYS</b>	<b>APRIL 3</b>	<b>APRIL 4</b>
<b>Physicians</b>	<b>\$300</b>	<b>\$150</b>	<b>\$150</b>
<b>APPs</b>	<b>\$200</b>	<b>\$100</b>	<b>\$100</b>
<b>Nursing/ Medical Students</b>	<b>\$140</b>	<b>\$70</b>	<b>\$70</b>
<b>Nurses (LPN/RN)</b>	<b>\$100</b>	<b>\$50</b>	<b>\$50</b>
<b>Allied Health</b>	<b>\$50</b>	<b>\$25</b>	<b>\$25</b>

**Late Registration fee of \$35 applied after March 28, 2025.**

**Cancellation/Refund Policy:** Submit written notification by March 6, 2025, by e-mail to [tepettway@health.southalabama.edu](mailto:tepettway@health.southalabama.edu).

No telephone cancellations. A 50% refund will be given if received before March 6, 2025. No refunds after March 6, 2025.

We would like to thank our planning committee, special guest speakers, faculty, participants, sponsors, and exhibitors.